NEW metro CITIES

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HOW TO DESIGN A CITY FOR WOMEN

(There are actually six ways to make urban living better for all)

Ottawa metro

Your essential daily news | TUESDAY, MARCH 7, 2017 | High 6°C/Low -1°C Rain

FEMINISM
What's my future?
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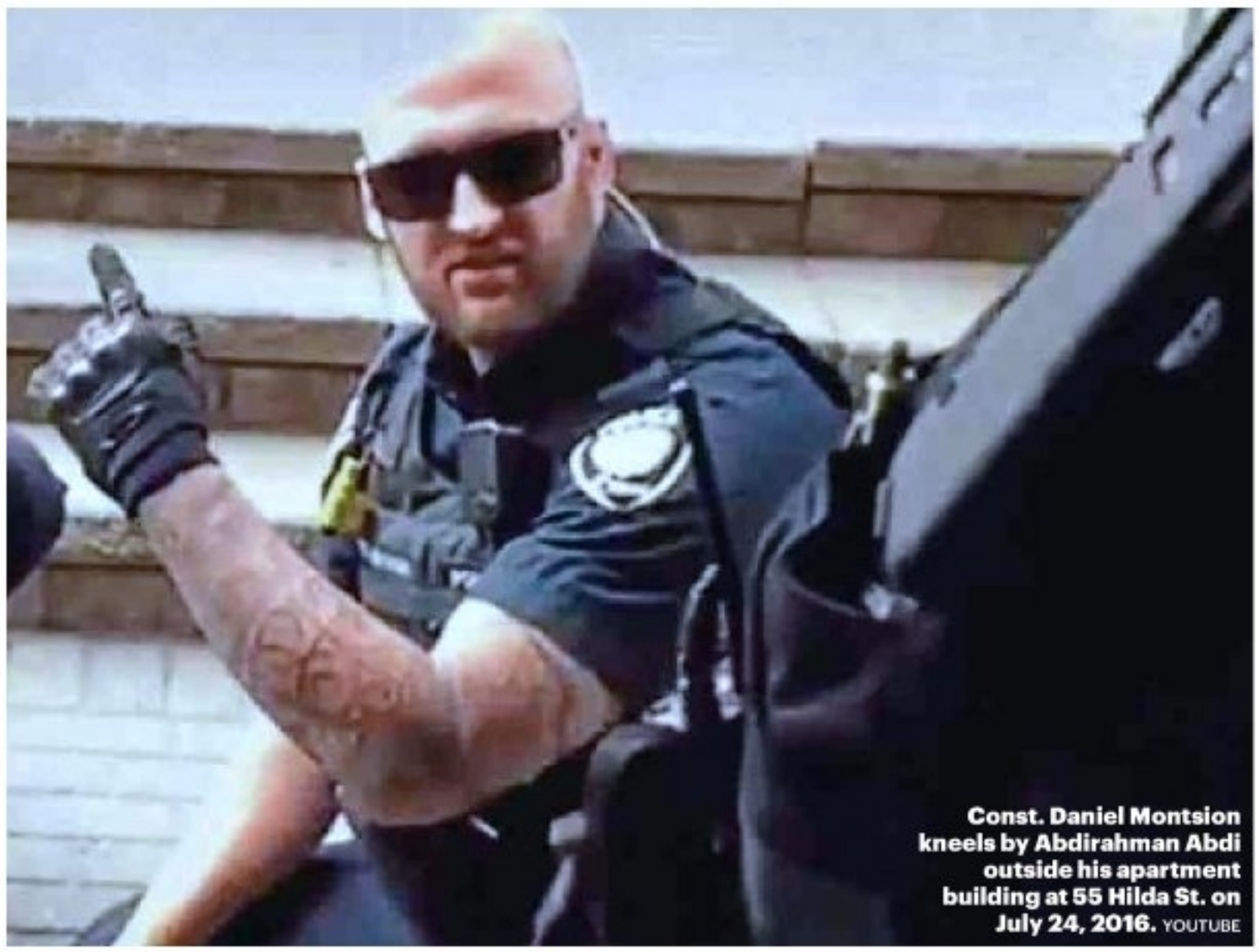
THE CHARGE
MANSLAUGHTER



Const. Daniel Montsion kneels by Abdirahman Abdi outside his apartment building at 55 Hilda St. on July 24, 2016. YOUTUBE

SPECIAL INVESTIGATIONS UNIT

Abdirahman Abdi's family finds no solace, but is ready for trial

Haley Ritchie
Metro | Ottawa

The Ontario Special Investigations Unit has charged an Ottawa police officer with manslaughter and assault in the July 2016 death of Abdirahman Abdi.

The police-oversight organization issued a brief statement Monday afternoon, saying that Const. Daniel Montsion is facing charges of manslaughter, aggravated assault and assault with a weapon. Montsion's first court appearance is expected to be March 29.

At a press conference shortly after the SIU's announcement, the lawyer representing Abdi's family, Lawrence Greenspon, said the family isn't finding solace in the decision but is looking forward to the trial.

Abdi, a 37-year-old Somali-Canadian, died in July after police responded to a call from a Bridgehead coffee shop location in Hintonburg.

Police eventually encountered Abdi near his apartment building on Hilda Street. Witnesses say Abdi was struck with batons and pepper-sprayed. A violent video from the scene has circulated widely online.

Abdi died in hospital soon after the encounter.

"It's been extremely difficult for the members of the family," Greenspon said of the eight-month SIU investigation. "You have the grief of losing a son, a brother, but it's magnified because of the public light that has been shining on this tragedy for eight months now.

"They've a very proud family and they continue to weather the storm. They've received a lot of support from family, friends and their community. And in fact I'd say the Ottawa community at large has been very, very supportive to them. I know the family takes some solace in it."

The SIU investigates all deaths, serious injuries and allegations of sexual assault involving police in Ontario.

Greenspon said that "there is a large body of evidence" in this case. He said a civil case is likely to start before the criminal trial.

Const. Dave Weir and Const. Daniel Montsion, who were identified as the two officers seen on the video kneeling next to Abdi, were at first both subjects of the SIU's investigation. But Weir was eventually determined to be a witness and therefore not subject to charges.

More coverage, page 4

More than half of Canadians feel there are enough women in Parliament metroNEWS

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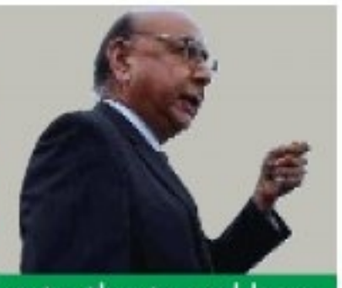


Khizr Khan, who has publicly criticized Trump, is cancelling Toronto talks due to the travel ban.

TRAVEL

Guide focuses on the millennial experience

Haley Ritchie
Metro | Ottawa

Ottawa gets a fresh look in a newly released millennial-focused travel guide that coincides with an influx of tourists celebrating the country's 150th birthday.

An Insider's Guide to Canada's Capital began as a small side project for Zainab Muse and David Ebere. It's since ballooned into something larger, with government partners endorsing the guide and a large team of young photographers and writers contributing.

"We want to tackle stereotypes and show people how much young people love to create and what we can offer," said Muse. She and Ebere run Wingd, a millennial-focused media company.

"The book ties in well to that — no one asked us to make it, we just really wanted to," she said.

Muse and Ebere, who attended high school in Toronto but fell in love with Ottawa while attending university, wanted to give the city a rebranding.

The result is a 271-page hardcover full of high-quality photos from Ottawa, along with small profiles and stories from creative and passionate residents.

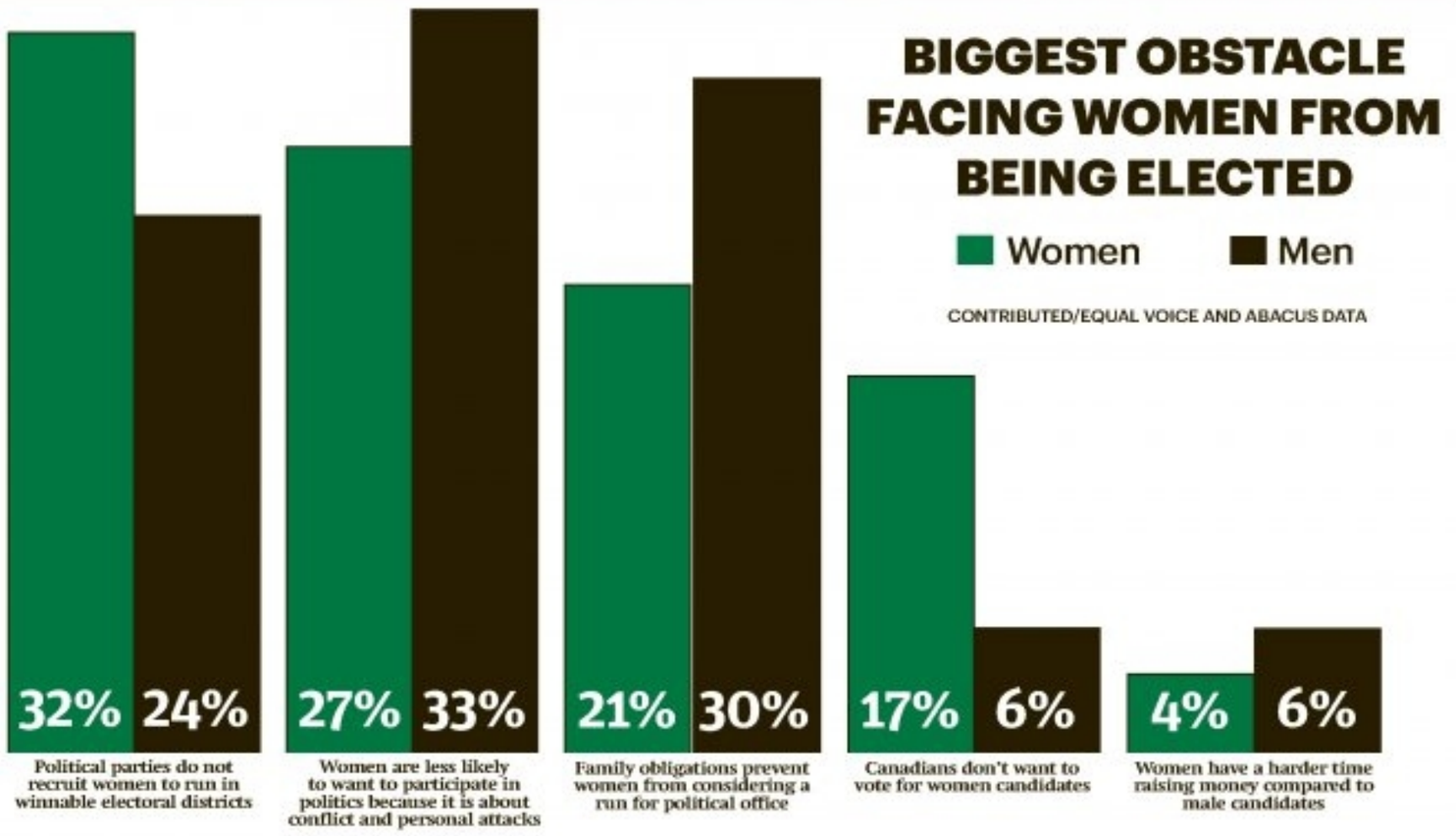
It's part coffee table book, part travel guide, part history of Ottawa.

> **You can't know what the city is about unless you learn first hand.**
> David Ebere

"My favourite part is the experiences, where people share their stories about the city," Ebere said. "There's a myth about Ottawa from non-Ottawans. You can't know what the city is about unless you learn first hand from people living in Ottawa."

The book is available in Chapters stores. To help get it into the hands of visitors, Wingd is working on partnerships with local hotels and an airline.

Zainab Muse, left and David Ebere co-founded the millennial-focused media company Wingd. Their book, An Insiders Guide to Canada's Capital, was released March 2. HALEY RITCHIE/METRO


BIGGEST OBSTACLE FACING WOMEN FROM BEING ELECTED
Women
Men
CONTRIBUTED/EQUAL VOICE AND ABACUS DATA
32%
24%
Political parties do not recruit women to run in winnable electoral districts
27%
33%
Women are less likely to want to participate in politics because it is about conflict and personal attacks
21%
30%
Family obligations prevent women from considering a run for political office
17%
6%
Canadians don't want to vote for women candidates
4%
6%
Women have a harder time raising money compared to male candidates

Electoral gender gap

REPRESENTATION

Most Canadians feel there are enough female politicians: Poll

Ryan Tumilty
Metro | Ottawa

More than half of Canadians believe there are already enough women in Parliament, according to a poll done by Abacus Data.

Equal Voice, an organization that advocates for more women in government, released numbers Monday, showing that 54 per cent of Canadians believe there are enough women in politics — and that four per cent believe there are too many.

The survey was released as Equal Voice brings 338 young women from across the country to Ottawa this week for a Daughters of the Vote event. The women will all take seats in Parliament on Wednesday to mark International Women's Day.

Nancy Peckford, the group's executive director, said that, while the young women coming to Ottawa are bright and ambitious, the survey shows they will need more than those attributes to become lawmakers.

"It sends a stark message of the challenge they will face, the tenacity they will need and the support of political parties and their fellow citizens they will require."

The top three reasons people gave for why women struggle to enter politics were negativity and conflict, parties not recruiting enough women to run, and family obligations.

Among women respondents, the top reason was political parties not recruiting enough.

"Political parties, consider this your call to action," said Peckford. "We know that gender parity will not happen by chance."

The survey also found that 25 per cent of Canadians believe Parliament will never have gender parity. Only five per cent of Canadians believe it will happen after the next election, with another 15 per cent believing it will take two election cycles and 22 per cent believing it will take three elections.

Grace Lord, a researcher with Equal Voice, said the last election did increase gender diversity, but change continues to come slowly.

"At the current rate of change, it's going to be another 90 years before we see an equal number of men and women," she said. "It can be closer to four election cycles, but not without real proactive efforts."

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Wynne backs opioid plan

OVERDOSES

Province to give city $2.5M for resources to tackle crisis

Ontario will soon call a meeting of mayors from both large and small communities across the province as it looks for ways to tackle a growing opioid crisis.

Premier Kathleen Wynne made the announcement Monday after meeting with Ottawa Mayor Jim Watson, adding that the province is prepared to fund that city's $2.5-million opioid plan.

"There have been tragedies in Ottawa and recently a very tragic death, so we are going to work with him to make sure he has those resources to put his plan in place," she said.

Fourteen-year-old Chloe Kotval died last month in Ottawa after taking a drug of unknown origin.

Ottawa Public Health and Ottawa Police issued an alert last month about counterfeit prescription drugs and their involvement in recent overdoses, noting illicit fentanyl has been detected in pills manufactured to mimic other drugs, such as Percocet. Fentanyl is fatal in very small amounts.

Mayor Jim Watson speaks to the media after a meeting with Premier Kathleen Wynne on Monday. THE CANADIAN PRESS

Ottawa is looking to add more detox spaces, more treatment spaces and equip police and firefighters with the overdose-reversing drug naloxone, Watson said.

"I want to thank the premier for agreeing to call mayors together of not just big cities, because there are smaller cities and smaller municipalities that are grappling with this terrible tragedy of young people becoming addicted, not having the necessary detox capacity or treatment facilities, and literally people dying every week in the province of Ontario," he said.

Ottawa's plan can form the basis of a conversation on how the province can support municipal strategies for dealing with deaths and overdoses, Wynne said.

"The work that Ottawa has done, I think, could inform a conversation about how we might as a province support local plans," she said. "We have a provincial plan in place and the gathering of data and the tracking of usage, all of that is very, very important data. At the same time, we know that there will need to be local plans."

Ontario's opioid strategy looks to expand harm-reduction services, make changes to prescribing and dispensing and improve data collection. In 2014, more than 700 people in the province died from opioid-related causes, the government has said.

Ontario Health Minister Eric Hoskins said the province has been discussing the issue with several municipalities recently, and setting up a meeting or an ongoing task force would be a "next step," he said.

Ontario has also committed to fund three supervised injection sites in Toronto and one in Ottawa

THE CANADIAN PRESS

CARLETON UNIVERSITY

Deal averts strike

Ottawa's Carleton University reached a tentative agreement with unionized teaching assistants and contract instructors, who would otherwise have been in a legal position to strike today.

The university says the parties reached a settlement after mediation talks over the weekend, and the school is operating as usual.

Details of the deal will not be released until it after a ratification vote.

Members of the Canadian Union of Public Employees local 4600 picketed for about an hour on Monday morning before the tentative agreement was announced.

THE CANADIAN PRESS

KEY ISSUES

- Class sizes
- Tuition rebates for teaching assistants
- Salary increases

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ABDI DEATH

Police chief, union weigh in

Ryan Tumilty
Metro | Ottawa

Ottawa Police Services and its officers union have weighed in on the charges against Const. Daniel Montsion in the July death of Abdirahman Abdi.

Police chief Charles Bordeleau released statements shortly after the SIU announcement on Monday afternoon.

"What I can say is that the officer involved, like any member of the community going through a similar process, deserves to be treated fairly," said Bordeleau. "We continue to work with the community to build on relationships of trust and confidence."

Bordeleau said that Abdi's death has been difficult on the police force.

"Our members are professional and they care about this community. It is a difficult job and they have my support and the support of the Executive Command and all Senior Officers."

Ottawa Police Association President Matt Skof said he's not surprised the SIU decided to lay charges. "Given the amount of attention that this case has garnered, it is not unfortunately a surprise that SIU has laid charges," he said.

He said he will wait to see all the facts on this case, but he has found higher-profile cases are more likely to draw charges.

150 WAYS of looking at Canada

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Our leaders need to take action

The onus is on our politicians to name the issues and commit to fixing them

FOR METRO
Tristan Cleveland

How are we supposed to solve a problem politicians won't talk about?

In response to Judge Lenehan's shocking acquittal of a taxi driver for sexual assault last week, Premier Stephen McNeil has said nothing. Justice Minister Diana Whalen says they are "considering options."

Prime Minister Trudeau says they have "work to do."

What we haven't heard is a decisive commitment to structural reform to stop the slew of disgraceful sexual assault decisions in the news recently.

It's generally appropriate for politicians to defer to judges on legal matters, but when cases highlight systemic problems, it's up to our political leaders to name the issues and commit to fixing them.

Our prime minister and premier can and should state clearly that rules must be put in place to ensure judges are adequately trained to give sexual assault victims fair trials. Judge Gregory Lenehan appears to have thought that a person must be unconscious to be legally considered too incapacitated to give consent. That's simply not true.

Rona Ambrose, interim leader of the Conservative Party, has put forward legislation to require exactly this kind of training for all judges.

Trudeau should work with the opposition to pass this bill.

Dalhousie Law Professor Wayne McKay proposes we do one better and create a court specialized in sexual assault cases, as has been done in the United Kingdom and several states in the United States. That way, lawyers, prosecutors and judges involved could all have consistent experience in sexual assault law.

They could also have greater, "skills and training in not retraumatizing the victim." That's crucial. Not only is it difficult to convict in sexual assault cases, the experience of the trials is often terrible. As a result, the rate of women who report sexual assaults to police has dropped by more than half since its peak in 1992, according to the Nova Scotia Advisory Council on the Status of Women. Nationally, only 8 per cent of these crimes are reported.

Of the sexual assault cases reported to police in Halifax, 27 per cent led to charges, compared to 40 per cent for other violent crimes. When you add in the conviction rate, only a fraction of a fraction of a fraction of people who commit sexual assaults face legal consequences.

Meanwhile, 100 per cent of sexually assaulted women live with the consequences.

Women need to be able to walk on our streets and use our taxis with the full knowledge that the legal system has their back.

Chrissy Merrigan is co-organizing a protest on Tuesday afternoon against Judge Gregory Lenehan's comments in a recent sexual assault verdict. ZANE WOODFORD/METRO

Protesters to voice 'outrage'

Yvette d'Entremont
Metro | Halifax

"You can feel the outrage in the city."

That's what Chrissy Merrigan said about why she became involved in co-organizing a march expected to draw hundreds to downtown Halifax on Tuesday afternoon.

The event was created to protest Judge Gregory Lenehan's comments, including "clearly a drunk can consent," in acquitting cab driver Bassam Al-Rawi of sexual assault last Wednesday.

"You could feel the outrage the next day... It's all that anybody could talk about," Merrigan said.

More than 1,000 people have committed on Facebook to attending, with more than 2,400 expressing interest. Although that doesn't mean those numbers will hit the streets, Merrigan said the quick and overwhelming response shows people are frustrated.

Organizers want the Crown to appeal Lenehan's ruling, and want an investigation into his handling of the case.

They opted to organize the protest during work hours to make a point.

Organizers want the Crown to appeal Lenehan's ruling, and want an investigation into his handling of the case.

They opted to organize the protest during work hours to make a point.

"We need to make noise during the day when people are downtown…We really wanted the people who are in the courthouse and the people in the system to know that we are upset," Merrigan said.

"After 5 o'clock they're gone home, they're making dinner with their families, they're not there to see it, and that's who needs to make the change."

IMMIGRATION

Revised ban leaves many refugees confused

It's been an emotional roller coaster for Mahmoud Mansour and his family, Syrian refugees tapped for possible resettlement to the United States, since President Donald Trump issued his first travel ban six weeks ago.

The original ban, which barred Syrian refugees from the U.S. until further notice, devastated Mansour's family of six, which has been undergoing security vetting ahead of resettlement for the past year.

The revised ban, signed by President Donald Trump without fanfare on Monday, no longer singles out displaced Syrians, but suspends the entire refugee program for four months to allow for a security review.

The order eliminates some of the most contentious aspects in an effort to surmount the court challenges that are sure to come. Trump's first order, issued just a week after his inauguration, was halted by federal courts.

The new one leaves Iraq off the list of banned countries — at the urging of U.S. military and diplomatic leaders — but still affects would-be visitors and immigrants from Iran, Syria, Somalia, Sudan, Yemen and Libya. It also makes clear that current visa holders will not be impacted, and it removes language that would give priority to religious minorities — a provision some interpreted as a way to help Christians get into the U.S. while excluding Muslims.

Syrian refugee Mahmoud Mansour, 43, is shown in this photo, taken Monday, in Amman, with his daughters Ruba and Sahar. Mansour, who has been undergoing vetting for resettlement to the U.S. for the past year, says he was devastated by Trump's ban. THE ASSOCIATED PRESS

The changes underscore the very different position the president finds himself in.

Five weeks ago, Trump dropped the first order with a bang, catching lawmakers and members of his administration by surprise. He signed the order in a high-profile ceremony at the Pentagon's Hall of Heroes as Secretary of Defence James Mattis stood by.

This time around, the president skipped the usual public ceremony altogether. Instead, the administration chose to have Homeland Security Secretary John Kelly, Secretary of State Rex Tillerson and Attorney General Jeff Sessions serve as the public faces of the rollout at a brief press announcement.

"I think today was about the implementation of it," said Press Secretary Sean Spicer — at a briefing off camera.

Legal experts say the new order addresses some of the constitutional concerns raised by a federal appeals court about the initial ban but leaves room for more legal challenges.

"It's much clearer about how it doesn't apply to groups of immigrants with more clearly established constitutional rights," said University of Texas law professor Stephen Vladeck. "That's a really important step."

Mansour, an artisan who embroiders traditional dresses, said he is confused about what Trump's revised executive order means for his family's prospects in the U.S. "We hope that this new order will carry a glimmer of hope," he said in his small apartment in Jordan's capital, Amman, which also doubles as his workshop.

Others in the family have been luckier.

Two older brothers, Ahmed and Suleiman, managed to reach the U.S. as part of the resettlement program. Ahmed travelled last year from Egypt, while Suleiman and his family reached the U.S. from Amman a day before Trump's inauguration.

"I am not lucky," said Mansour, adding that he and Suleiman had started the vetting procedures in Jordan roughly at the same time. The revised travel ban means prolonged uncertainty for Mansour, his wife and four daughters, ranging in age from three to 13. "I am powerless," he said. THE ASSOCIATED PRESS

REACTION

New move not a big change, experts say

Gilbert Ngabo
Metro | Toronto

Immigration experts and advocates are concerned the new Muslim ban signed on Monday will make life even harder for would-be refugees.

"There is no moral way we can say that the U.S. is a safe country for refugees anymore," said Emily Gilbert, director of the Canadian Studies program at the University of Toronto. "This executive order only reinforces the anti-Muslim sentiment that we know exists in the U.S. and in Canada."

Canada should be concerned about a potential echo of that discourse, she warned. Some of the candidates in the Conservative party have expressed similar beliefs, and aggressive acts against religious minorities have taken place.

WHITE HOUSE

Aides defend Trump's wiretapping claims

White House officials on Monday defended President Donald Trump's explosive claim that Barack Obama tapped Trump's telephones during last year's election, although they won't say exactly where that information came from and left open the possibility that it isn't true.

The comments came even as FBI Director James Comey privately asked the Justice Department to dispute the claim because he believed the allegations were false. When asked whether Trump accepted Comey's view, White House Deputy Press Secretary Sarah Huckabee Sanders told ABC's Good Morning America: "I don't think he does."

The aides said any ambiguity surrounding the issue is all the more reason for Congress to investigate. THE ASSOCIATED PRESS

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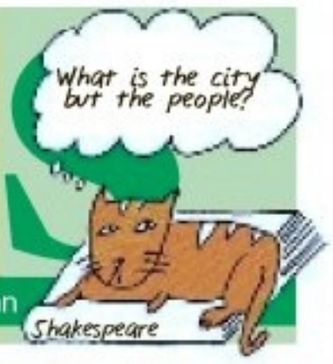

PHILOSOPHER CAT by Jason Logan

BLUEPRINT by Sarah-Joyce Battersby and Andrés Plana

Designing for women

As long as there have been cities, there have been women. But that's not always obvious when looking at the pieces that make up urban life. From street names to transit transfer policies, the lives and needs of women are often overlooked. **On the eve of International Women's Day, six ways to make cities for all.**

1 Wider sidewalks
It must be said that many initiatives billed as making cities better for women are rooted in gender stereotypes, such as women pushing baby strollers. But, still, wider sidewalks help anyone with a stroller, wheelchair or walker move about more easily.

2 Brighter streets
The evidence isn't clear cut on whether brighter streets are safer, with some saying it enables criminals. But when it comes to preventing crime that disproportionately affects women, organizations including the UN have pushed for more light.

3 More washrooms
Equal, easy access to clean, well-equipped toilets (i.e. with garbage bins, and, hey, free tampons if you're feeling generous) is still out of reach in many cities, in both public and private buildings. Not to mention the scarcity of stalls at sports stadiums.

4 Flexible fares
Studies show men and women use transit differently, as women still take on most household chores, like school runs and groceries. This often means less straightforward trips. Time-based fares could lower the costs for those zig-zag trips.

5 Fair playgrounds
A study found that after age nine, little girls were crowded out of parks by boys, who more boldly claimed space. To address in a small way the systemic issue of men being socialized to be more assertive, planners made parks with more and varied play areas.

6 Stature on statues
With only one in five city statues in Toronto depicting women and similarly dismal numbers when it comes to park and street names across other Canadian cities, advocates have pushed in recent years to have equal representation.

WORD ON THE STREET by Brent Toderian

Semis, rowhouses the 'gentle' way to strengthen our cities

If you could be a fly on the wall in city planning departments lately, chances are you'd overhear a conversation about "gentle density." And the planners would look pretty stressed.

That's because most cities are struggling with significant housing challenges, and recognize their existing planning rules and approaches aren't going to solve them.

These difficult and complicated challenges include building more complete and resilient communities, addressing politically explosive debates about neighbourhood change, and improving affordability. There's also the challenge of preserving community "building blocks" like local schools and shopping as some neighbourhoods lose population, the debilitating cost of sprawl, and the clear connections between public health and building communities.

So what is gentle density, and what does it have to do with all that?

As I defined it back in 2007, gentle density is attached, ground-oriented housing that's more dense than a detached house, but with a similar scale and character. Think duplexes, semi-detached homes, rowhouses, or even stacked townhouses.

In short, it's "gentle" because the actual impacts of adding such housing choices, if designed well, are minimal – although you wouldn't know that by the controversy that can be raised in some communities.

Many people don't mind sharing a common wall and are eager to cut their costs and carbon footprint, but still appreciate a direct relationship with the ground. That's why fellow urbanist Daniel Parolek in San Francisco calls this kind of density the "missing middle." In most cities this middle is under-represented, if it's there at all.

In some cases, this is because builders need to learn (or re-learn) this kind of building. In others, land economics and land assembly make it tough sledding.

In most cities, though, deliberate zoning decisions have made this kind of housing illegal.

That's a problem, because from a planning perspective, there's nothing fundamentally incompatible about all sorts of gentle density cohabitating in a well-designed neighbourhood.

When we listen carefully, the opposition to such a mix usually isn't about planning principles – it's more often about politics fuelled by financial self-interest (the perceived impact on property values) and "not in my backyard" sentiments.

If we want to get serious about addressing our big challenges, we need to seriously rethink how we discuss and address change in our communities. Ironically, gentle density could help strengthen and stabilize our neighbourhoods far better than trying to cast them in amber would.

Our cities and suburbs need more gentle density. Our stressed-out planning departments are struggling with how to do it well. Let's give them our encouragement and ideas.

Brent Toderian is an international city planner and urbanist with TODERIAN UrbanWORKS. He is also Vancouver's former chief planner and the president of the Council for Canadian Urbanism.

PUBLIC WORKS
The week in urbanism

Small-town high line
St. Thomas, Ont., isn't known for it urbanist ways. But in August the town of 38,000 is poised to unveil Canada's first elevated park. The park, 25 metres above ground, replaces an old rail bridge that was going to be taken apart. New uses could include yoga classes, gardens and benches with nice views.

Cyclists gain suction
Cyclists, or possibly a lone cyclist, wanting better protected bike lanes in Wichita, Kansas, took matters into their own hands. Plungers with spray-painted handles and reflective tape appeared alongside the road, delighting the city's growing cycling community.

URBAN DICTIONARY
Desire paths

DEFINITION The paths carved out with footprints when multiple people take a more convenient route through fields or other open spaces.

USE IT IN A SENTENCE
After a fresh snowfall Luke followed the **desire paths** on campus created by previous students rushing to class.

CITY CHAMP

Toronto-based architect
A principal with ERA architects, Graeme Stewart's research on retrofitting Toronto's suburban high-rises has shaped the city's housing policies over the past decade.
@GraemeJStewart

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metro LIFE

Your essential daily news

Adele officially announces that she and longtime partner Simon Konecki are married

What does a feminist future look like?

After The Women's March on Washington in January, it seems we're riding another wave of the women's movement. But it is not without its issues. For International Women's Day, we looked to Canadian women for insight on the future of feminism, inclusivity and smashing patriarchy. TORSTAR NEWS SERVICE

Clockwise from top left: Farrah Khan, Ing Wong Ward, Gwen Benaway, Septembre Anderson, Uzma Jalaluddin, Kate Chung.

Farrah Khan

Sexual violence support worker, educator, queer Muslim artist

How can feminism get people of different races and genders into the fold?

This march is not the beginning. Many people, including our elders and godmothers of the movement, have been fighting for a long time.

It's not about getting people from marginalized communities into the fold but expanding what the fold is. It's creating space for different visions of what equity looks like. We need to be continually thinking about who is left out and who needs to be included. The movement needs intergenerational conversations, feminist godmothers, FEMtors that have institutional and movement memory so we're not reinventing the wheel but building.

Kate Chung

Toronto Raging Grannies

What did you make of the march?

Marches like this help build solidarity but I hope it's not all focused on the U.S. We're brainwashed here to think that Canada is so wonderful and we live in the best country in the world but, I'm sorry, there are still things to fix. This is not a perfect place and I see things sliding backwards. I'm old enough to remember the 1970s when we had hope that change was coming. Also, there's no such thing as just a women's issue. Climate, the future of this planet, justice, refugees, war and peace, homelessness — we're not just fighting for our own grandchildren but all grandchildren.

Uzma Jalaluddin

Writer, teacher, Toronto Star columnist

Did you march? What should happen now?

I didn't march but fully support the women who did. I think there's a sense that something very fundamental about American society is under attack right now and people feel it on a visceral, personal level. For me, as someone who is very visible, I understand so many people who are being placed, viewed and treated as outsiders. All the social justice movements, especially feminism, need compassion, empathy, understanding and tolerance. It would also be nice to see a wider variety of stories out there. I think that feminists need to read each other's stories.

Septembre Anderson

Reluctant feminist and activist, journalist

How should feminism work to get folks of different races and genders on board?

It's important to understand and accept that we're working on the same issues but not together, that we're working as teammates but not necessarily on the same team. Our diversity is our strength. Men are a whole other thing and it's valuable for men to do their work where they are. They don't need to come into our group, they need to speak to other men. In the locker rooms where they're talking about grabbing women by the p---- — that's where their work is. To the men: Your work is with other men.

Ing Wong Ward

Associate Director for the Centre for Independent Living

What else does the movement need?

I do hope that the women who marched can take the power and goodwill they felt during that day and find ways to turn this into everyday resistance. Social movements aren't solely built on large, visible demonstrations. They're also built on the decisions individuals make to say they refuse to believe the status quo cannot change. The movement needs to be far more open to diversity and to find ways to share power with under-represented groups, including women with disabilities, who are too often rendered invisible. Part of this involves white, CIS, straight, nondisabled women listening to women whose lives do not mirror their own, to hear what the feminist movement can do to be more inclusive.

Gwen Benaway

Annishinabe/Mètis trans poet

What does the movement need right now?

To really focus on intersectional feminism. It's time for us to move past divisiveness and embrace the strength, mission and perspectives of all women who are experiencing misogyny if we are going to really challenge and change things. There has been a fundamental rollback of our rights and equal access so we need to come together as diverse women and stand unified. (We have a) moment to leverage the unity of the moment and the strength of our unity. The way to do that is to call out men collectively, to call out misogyny.

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The gender-affirming outlet

IDENTITY

Co-operative's online store offers advice and essentials

Ali Vanderkruyk
Metro | Toronto

For young trans and non-binary individuals seeking gender-affirming products, high price and lack of accessibility are a problem.

"Some of the most marginalized people in society also have the most expensive underwear," says Jack Lamon of the prosthetics, tools, and clothing that play a vital part in gender actualization.

Lamon is a worker-member of Come As You Are, a co-operatively owned sex shop, and GenderGear.ca, a separate online shop providing gender gear for trans folk.

Their anti-capitalist and feminist collective mission is to offer products and services that help people express and experience their sexuality, gender and orientation.

Lamon explains that the majority of the worker-owners at the CAYA sex shop are trans or gender queer: "We have always had a personal and professional interest in gender. But, because kids are coming out as trans at younger and younger ages, it was awkward to provide customer service to parents and service providers."

The sexualized environment of the brick and mortar store (which closed its doors in 2016), did not specifically tend to the needs of people that were interested in confronting their gender dysphoria. The nature of the sex storefront had the potential to bar parents of trans youth and the website, which is an adult website, was firewalled to service providers like Children's Aid and the Toronto Board of Education.

"Sex and gender have nothing to do with each other: your gender does not determine your orientation, or what you may or may not like sexually," Lamon explains.

"People carry the perception that being trans is a sexual thing, but as much as reducing gender dysphoria may help you enjoy your sexuality more, being trans is not sexual identity, it is gender identity."

Staff and members of Come As You Are and GenderGear.ca (from left) Noah Kloeze, Meg Saxby, and Jack Lamon. "Some of the most marginalized people in society also have the most expensive underwear," says Lamon. COURTESY COME AS YOU ARE

The CAYA co-op storefront in Toronto closed in 2016, and now runs as a website linked to GenderGear.ca while the collective figures out their next steps.

But the reality is, the website is what kept them alive. More people tend to be comfortable buying gender and sex products online because there is still a lot of apprehension in discussing private needs publicly.

GenderGear does not feel the need to market or promote their products. The gear is already expensive and they do not want to be prescriptive or suggest that people "ought" to do things their way.

"The point was never really to sell products, it was to make sure products were available for people who needed them," says Lamon.

Ella Webber, a customer at CAYA, explains that because of the generous sharing of information within the LGBTQ2S community, many older trans individuals are actually learning from younger people about the range and accessibility of products.

Before Webber's top surgery, they explained how they had "needed multiple binders: tight ones for when you want to look extra flat, and casual wear. Without (access to) them, there are moments that can be so hard when you need something and can't have it."

Asher Faerstein, who has bought six binders to date, confirms that, "for a lot of young trans people who are in precarious financial situations, [the expense] is really inconvenient."

GenderGear provides a binder recycling program that makes used binders available for $5. The website accommodates the necessary service of selling clothing that does not permanently change your body, but enables one to feel slightly more comfortable in their skin.

There is, however, a lot more work to be done in the fight for financially accessible gender-affirming products.

KEY PRODUCTS

Binder: Flattener of breast tissues in order to create a male-appearing chest. $40-45

Gaff: A device used to secure tucked male genitalia in place to make the area appear female. $18-35

Packer: An object in one's clothes that suggests the presence of a penis. $40-150

TEIGEN OPENS UP

Model reveals fight with postpartum depression

Chrissy Teigen has revealed that she has battled postpartum depression since the birth of her daughter last year.

The former Sports Illustrated swimsuit model and singer John Legend welcomed a baby girl, Luna, in April.

She writes in a heartfelt essay for Glamour magazine that she has been "unhappy" for much of the last year and discovered she was suffering from postpartum depression in December.

Teigen writes that she had difficulty after returning to work as a co-host of Lip Sync Battle. She says she is now taking an antidepressant for the depression and anxiety and is also in therapy.

Teigen says she's opening up now because she wants people to know postpartum depression "can happen to anybody."

THE ASSOCIATED PRESS

Watson hits back at critics

Emma Watson has hit back at critics who claimed her recent photoshoot for Vanity Fair betrayed her feminist ideals. In one image from the shoot Watson poses in a crochet white top that reveals part of her cleavage.

Watson said the controversy represented "a fundamental and complete misunderstanding of what feminism is." She says, "Feminism is about equality and it's about choice."

THE ASSOCIATED PRESS

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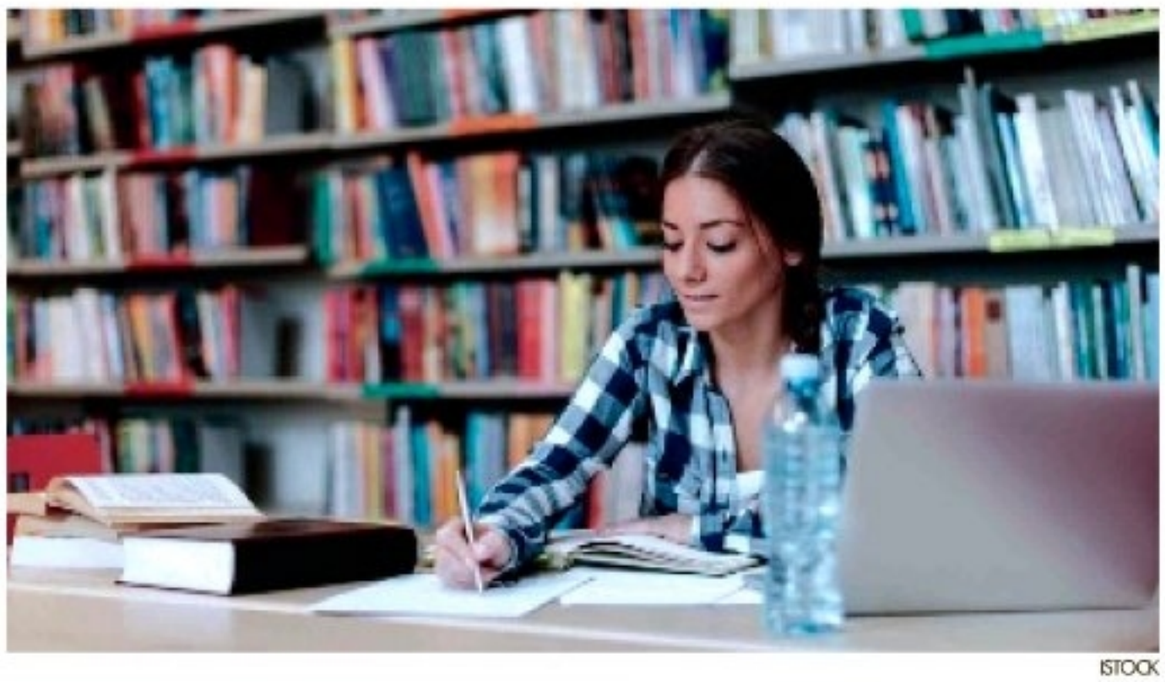
LEARNING CURVE

For the love of the library

Ever since the first academic institutes were erected, the library has stood as the central station of information for students. But in the digital age, when many post-secondary pupils are quick to turn to their computers for quotes and content, this once-noble tower of knowledge is lagging in popularity.

So should the students of today who fixate on their screens for scholastic success reconsider the benefits of their campus library?

"Academic libraries pay millions of dollars a year for access to specialized collections to support the work of the university," says Julie Mitchell, assistant director of the Irving K. Barber Learning Centre at the University of British Columbia. "If it was freely available online, we wouldn't be paying for it. We subscribe to the most current research and curate resources that we know students need for their courses"



ISTOCK

And hidden amongst all that research, there are hidden gems offered by a library that can provide an unmatchable and even transformative experience for students.

"We live in an electronic world, but there is nothing like the hands-on experience of interacting with materials from the 13th and 15th century," says Mitchell, referencing the unique collections housed in the UBC library, as well as those shelved in other academic libraries in Canada. "Smelling parchment, seeing holes in animal skins — there is nothing like that in the digital world."

"Libraries curate information in a way that the open web simply can't," adds Annie Bélanger, associate university librarian at the University of Waterloo. "You can search in Google but not know how to use information. That's where libraries can be very powerful."

Aside from its benefit as a meeting place for students, faculty, staff and researchers to explore ideas, Mandissa Arlain, communications librarian at Ryerson University points to all the things that can be accessed in campus libraries for free, that many students aren't even aware of.

"We offer quiet study spaces, including bookable group study rooms. We have laptops, camera kits, tripods, GoPro and an Oculus Rift for loan," says Arlain of Ryerson's available materials. "We also offer workshops that range from navigating research databases to 3D printing, augmented reality, 3D animation and more."

–LIZ BEDDALL

START YOUR SUMMER JOB SEARCH NOW

Sure it's only March, but for students thinking of nabbing their first summer job, experts agree this is the optimal time to start thinking about a plan of action and refining their professional profiles.

"Waiting may result in lost opportunity," says Stephanie Harper, associate director of career education at Brock University. "Summer jobs for post-secondary students often start in May which means many employers begin posting their summer jobs in January and February and often complete their recruitment process by late March and early April."

So where should a job-hungry student start?

"They should begin by reflecting on what their preferred working environment might be — is it indoors or outdoors, what products are offered, what type of working culture," says Fredy Mejia, career and student success advisor at Humber College.

"Summer jobs are in high demand by students from all ages and well-diversified communities; consider who your competitors are and prepare to stand out," Mejia adds. "Be mindful of how social media can play a vital role in reaching out to employers and marketing who you truly are in the context of your career."

"You want to have a good LinkedIn profile," adds Sue Kersey, manager of career development and career services at the University Calgary. "They might be very interested to find out more about you."

When it comes to increasing your hiring potential, Kersey also says students shouldn't hesitate to ask little help from their pals.

"You can get a really good entry-level positions through friends, family or professional associations," suggests Kersey. "Tell people what you're looking for and what you're wanting."

"Take the initiative to go out and talk to employers you are interested in working for," she says. "Ask them what their needs are for the summer, when are they hiring, what it would be like to work there. Show genuine interest."

University hiring fairs are also a way to seek out great summer positions, says Stephanie Harper, along with other on-campus initiatives aimed at placing students in professional roles.

"Employers are becoming more proactive, more engaged and more strategic in their efforts to both create and fill summer job opportunities within their organizations," says Harper. "As a result, they are working more closely with universitiews to both promote their opportunities and identify a pipeline of student talent."

"Being known by the career offices on campus is one way students can find out about great opportunities while also getting connected more directly with employers who are hiring."

–LIZ BEDDALL

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UNIVERSITY GETS NEW STUDENT LIFE CENTRE

A new Student Life Centre will open in September at Saint Paul University (SPU) thanks to a $3.2 million leadership donation from the Fonds oblat de l'Université Saint-Paul Inc.

This donation, the largest in SPU's history, will allow the university to take a contemporary approach by providing students with a space that will promote their personal development as well as tools which will help them achieve their career goals.

The funds will be used to renovate existing facilities to create a 5,500 square-metre centre for collaboration and innovation in student life and activities. Key elements of this centre will include:

- Multipurpose rooms for studying, co-working, multimedia presentations and exhibitions
- A student lounge
- New offices for the SPU Students' Association
- Pastoral services
- A reception room for various events.
- A peaceful and secure outdoor courtyard.

CONTRIBUTED

This new vibrant space, designed by Hobin Architecture Inc., will significantly transform the campus in line with SPU's Strategic Plan: Preparing Students to be the Face of Change in the World.

Be part of this new chapter in SPU's history and register now for September at ustpaul.ca.

SPU is Ottawa's spiritual, human, open and engaged university. Located in the heart of the nation's capital, SPU is the founding college of the University of Ottawa, with which it has been federated since 1965.

A free online program is helping protected residents learn French

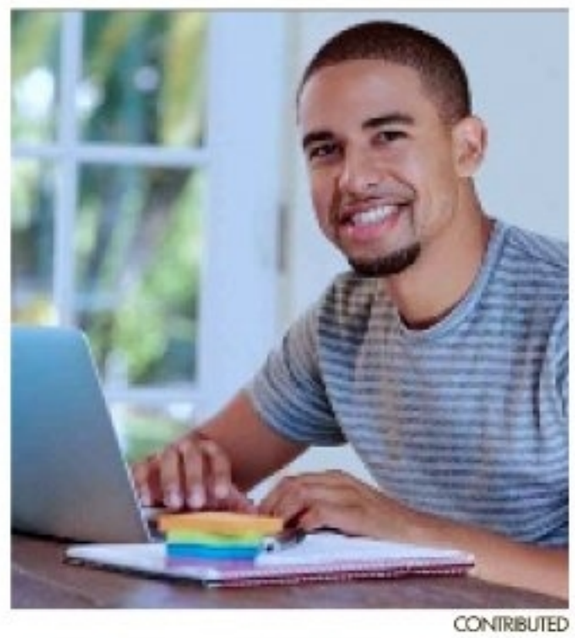
Permanent residents and protected people who want to integrate into Canadian society by learning the French language can do so at their convenience thanks to a free online program, CLIC en ligne.

"Learning the language is one of the most important things to do when you immigrate to a new country," says Fabienne Labatut, the project lead of the program, which is the online version of the French-language program, cours de langue pour les immigrants au Canada (CLIC). "Our training focuses on learning language related to housing, banking, citizenship and how to get a job, to name just a few, through reading, writing, listening and speaking."

CLIC, which is funded by Immigration, Refugees and Citizenship Canada and, since 2014, run by La Cité Collégiale, is offered at various levels.

Students complete each level through a combination of group and independent learning, and have access to their instructor as well as CLIC's administrative team.

The program has gone from having four participants when it launched to more than 200 in six provinces, says Labatut. This year, it will expand across Canada.



CONTRIBUTED

"Our program will be a great opportunity for people in regions or provinces when there is very little French language training offered," says Labatut. "We have seen a lot of province mobility for immigrants and knowing both official languages has proven an asset in job hunting."

To learn more, visit clicenligne.ca.

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LA CITÉ

New programs highlight high market demand

CONTRIBUTED

In response to labour market demand, Algonquin College will welcome students into 10 new programs later this year. Three of these offerings will be facilitated at the school's Waterfront Campus in Pembroke, which, says Algonquin's dean of academic development, highlights the campus' growth.

"For us to launch 10 programs is not unusual, but for three of those to launch at the Waterfront Campus is unique," says Maggie Cusson. "That location is experiencing a level of expansion that is uncommon for rural colleges across Ontario. It demonstrates how Waterfront is leading the way."

Classes for Waterfront's newest additions — applied nuclear science and radiation safety, action sports park development and urban forestry — arboriculture — will begin in September. While vastly different from one another, Cusson says the programs do share some commonalities, including a focus on experiential learning and community connections that will enhance students' experiences.

"Pembroke has a wonderful community and it is so supportive of the college and its grads," she says. "For example, students in urban forestry will have access to the forests in the area to support learning. Radiation safety students, meanwhile, can complete an optional co-op at a local power plant thanks to the relationships that have been cultivated. And action sports park development learners complete 40 per cent of the program outdoors and/or off campus at industry partner facilities."

Language classes for newcomers that focus on real-world topics

CONTRIBUTED

A theme-based curriculum and a communicative approach that focuses on real world topics sets apart the Language Instruction for Newcomers to Canada (LINC) program from other English as a second language (ESL) training, says a teacher.

"Whether I am teaching a unit on banking, family and relationships or employment, every theme includes a reading, speaking, listening and writing component," says Susan Shapiro, who teaches LINC in the Language Training Services department of the Ottawa Chinese Community Service Centre (OCCSC). "It's different than a memorization structure and you see tangible results that students can use in the community."

Funded by Immigration, Refugees and Citizenship Canada, LINC ranges in levels from beginner to high intermediate. Participants must be permanent residents or convention refugees, but other eligible immigration categories do exist.

An assessment based on the Canadian Language Benchmarks determines placement.

"Learning occurs in a very approachable and safe atmosphere with a supportive framework," says Shapiro who, like her fellow LINC teachers, is a native English speaker with post-secondary education in a related field and possesses a Teachers of English as a Second Language (TESL) Ontario certificate. "There is a great deal of respect in the classroom and students quickly form a community."

Rather than lectures, the LINC program, says Shapiro, makes use of interactive activities such as mini presentations, group work, class discussions and field trips, which are also designed to help with integration.

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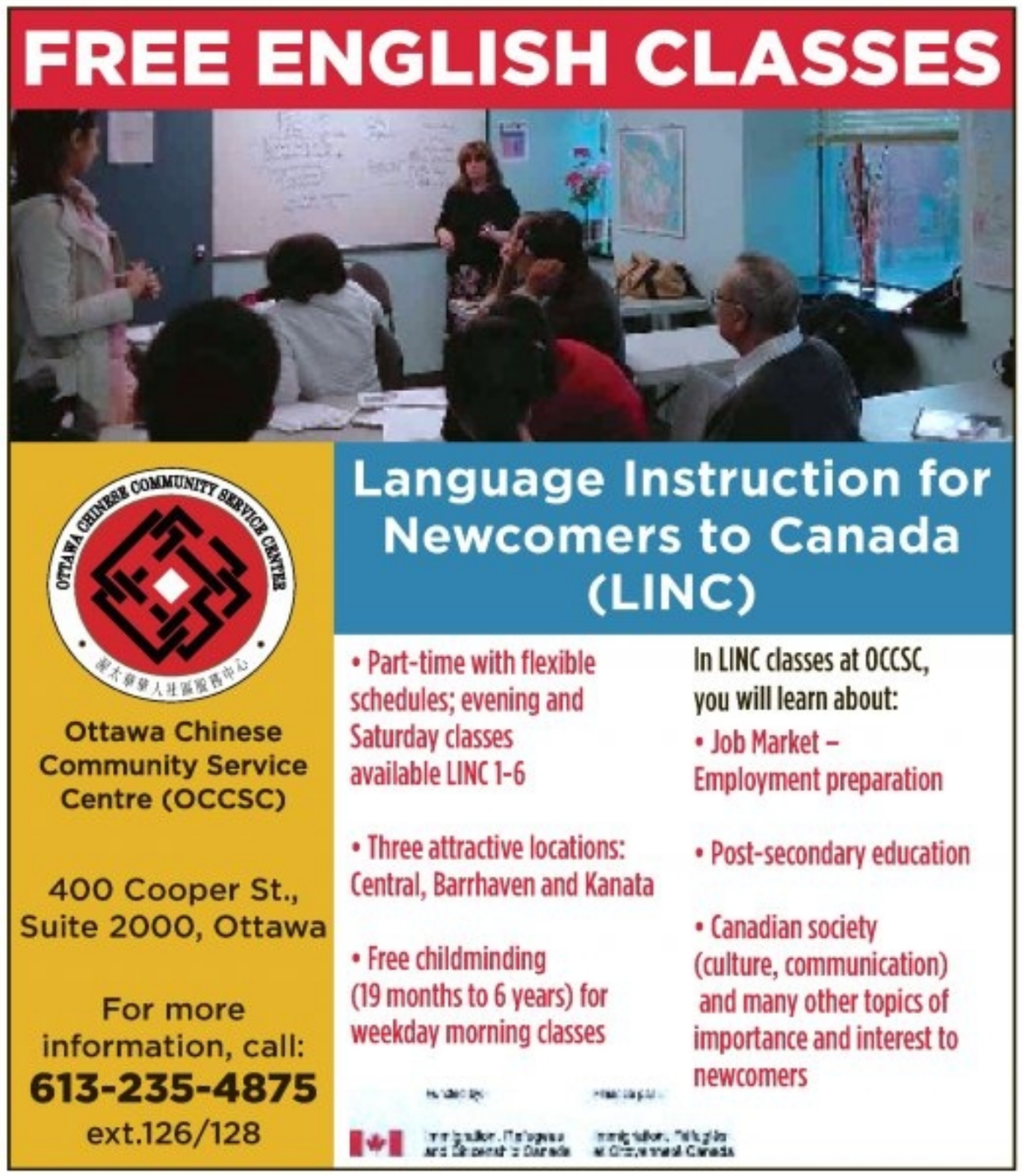
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• Three attractive locations: Central, Barrhaven and Kanata
• Free childminding (19 months to 6 years) for weekday morning classes
In LINC classes at OCCSC, you will learn about:
• Job Market – Employment preparation
• Post-secondary education
• Canadian society (culture, communication) and many other topics of importance and interest to newcomers

metro SPORTS

The Iditarod started a day late Monday to give mushers time to drive their dogs 360 miles north to the colder, snowier climes of Fairbanks, Alaska

MLB teams fearing injury a tournament tradition

WORLD BASEBALL CLASSIC

Many players enter without full spring preparation

Honking horns, pulsing percussion and chanting crowds will transform Marlins Park into a Caribbean-style carnival this week for the World Baseball Classic.

To major-league teams, it sounds dangerous.

WBC games are sure to inspire maximum effort by players eager to win for their country, which is exactly what worries their big-league bosses. While spectators in the stands literally beat the drum on behalf of the international tournament, Major League Baseball managers and executives are less than thrilled about their players' participation.

"You're risking injury," Nationals manager Dusty Baker said.

"I think most coaches and managers rather not have guys go," Blue Jays manager John Gibbons said, "but it has been good for baseball."

The WBC, which began Monday in South Korea, draws big, noisy crowds, and players rave about the atmosphere. But less than a month into spring training, the tournament has them going all-out with the MLB season still weeks away.

Thus the fear of injury, a concern that has become as much a part of the quadrennial tournament as flag-waving.

"Going full speed, full bore, full game competition, third-deck fans screaming — baseball generally isn't played that way this time of year for us," Astros manager A.J. Hinch said.

> **You're asking them to amp it up a little earlier than they normally would. And that can be dangerous.**
> U.S. manager Jim Leyland

Dodgers shortstop Hanley Ramirez needed thumb surgery after getting hurt in the 2013 final, and it's difficult to gauge the toll participation takes later in the season. Edinson Volquez, Jake Peavy, Daisuke Matsuzaka, and Scot Shields were among almost two dozen WBC pitchers hampered by injuries in the months after the 2009 tournament.

Some players, including Blue Jays right-hander Marcus Stroman and Yankees reliever Delin Betances, said they began working out earlier than usual this winter because they knew their spring training preparation would be brief.

"You don't have that many games until the WBC," Betances said, "but I feel like the adrenaline will kick in there and I'll be ready."

Teams worry that even if a player returns to their spring training camp healthy, the effects of taking part in the WBC might show up later.

Measuring that impact can be difficult, even in a sport full of statistics.

"What we don't know is the cumulative effect of getting ramped up, from a pitching perspective or from a position player perspective, and how that carries over into maybe the third or fourth or fifth month of the season," Hinch said. "I'm not sure we're ever going to know."

THE ASSOCIATED PRESS

ISRAEL TAKES OPENING GAME IN EXTRAS Israel catcher Ryan Lavarnway tags out Jaewon Oh of South Korea on Monday in Seoul, South Korea. Scott Burcham's run-scoring infield single in the 10th inning led Israel to a 2-1 upset victory. CHUNG SUNG-JUN/GETTY IMAGES

NASL

Expansion team has Canadian flavour

A new soccer team is taking shape in the Bay Area, with a distinctly Canadian feel.

Marc Dos Santos, whose coaching resumé includes Ottawa Fury FC and the Montreal Impact, has called on several Canadian players as well as talent from Canadian teams to bring the San Francisco Deltas to life.

The North American Soccer League squad features Canadian defenders Nana Attakora (Toronto FC, San Jose, D.C. United) and Karl W. Ouimette (Montreal Impact, New York Red Bulls) and midfielder Kyle Bekker (Toronto, Montreal).

"It's important to say this has to do with my Canadian connections and at the same time it doesn't," said Dos Santos. "Because building a team, you want to win and when you want to win, you try to bring the best player possible that your budget allows you to.

"I think Karl, Nana and Kyle, in a different way, they all bring an important piece to the roster and are going to play an important role. So I'm happy to have them with us."

French goalkeeper Romuald Peiser and U.S. forward Tommy Heinemann played for Dos Santos in Ottawa, as did Brazilian winger Pablo Dyego.

San Francisco opens the season March 25 when it hosts Indy Eleven at Kezar Stadium, which was the 49ers' home until 1970 and housed the Oakland Raiders for one year. Reduced in size, it now accommodates 10,000.

THE CANADIAN PRESS

PREMIER LEAGUE

Chelsea extends its lead to 10 points

West Ham United's Andy Carroll, left, and Chelsea's David Luiz vie for the ball on Monday in London.
ADRIAN DENNIS/AFP/GETTY IMAGES

Chelsea took a confident step closer to the Premier League title with goals from Eden Hazard and Diego Costa, enough to sweep aside London rivals West Ham 2-1 Monday.

The result lifts Chelsea 10 points clear of second-placed Tottenham, with 11 games left.

Manuel Lanzini notched West Ham's consolation goal in second-half injury time.

Manchester City is third, a point behind Spurs, but with a game in hand. THE ASSOCIATED PRESS

IN BRIEF

Sandusky transferred to a medium-security prison

Former Penn State assistant football coach Jerry Sandusky has been moved from a maximum-security prison to a medium-security facility in western Pennsylvania.

State prison officials say the 73-year-old was initially transferred because he was considered to be vulnerable given the nature of his child-sex abuse conviction, and his high profile.

THE ASSOCIATED PRESS

CURLING

Alberta's Bottcher bags first Brier win

Alberta's Brendan Bottcher has his first victory at the Tim Hortons Brier.

He defeated New Brunswick's Mike Kennedy 7-2 on Monday afternoon in St. John's, N.L.

Like Kennedy, Bottcher and his Edmonton-based teammates were 1-3 after six draws of round-robin play.

Manitoba's Mike McEwen and Canada's Kevin Koe were the only unbeaten rinks at 3-0.

Northern Ontario's Brad Jacobs defeated Jamie Koe of the Northwest Territories 9-5, Quebec's Jean-Michel Menard beat Saskatchewan's Adam Casey 8-3 and B.C.'s John Morris edged Nova Scotia's Jamie Murphy 4-3.

THE CANADIAN PRESS

SCHEDULE

Round-robin play continues through Friday morning. The medal games are scheduled for Sunday.

Marc Dos Santos celebrates after the Montreal Impact won the USL First Division championship final in 2009.
GRAHAM HUGHES/THE CANADIAN PRESS

MAKE IT TONIGHT

Cheesy Pesto Pizza with Ricotta and Sundried Tomatoes

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Your craving for cheesy pizza and getting your greens can live happily together.

Ready in
Prep time: 20 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 2 cloves garlic, quartered
- 2 cups baby spinach
- 1 cup basil leaves
- 1/2 cup finely grated Parmesan
- 1/2 cup olive oil
- 1/2 tsp salt
- 1/4 tsp pepper
- 1 large store bought flatbread
- 1 Tbsp olive oil
- 1 cup ricotta cheese
- 1/2 cup shaved Asiago cheese
- 1/4 cup chopped sun-dried tomatoes
- Chopped basil for garnish

Directions

1. Preheat the oven to 375 C. Prepare a baking sheet with parchment paper.

2. In a food processor, mince garlic, then add the spinach, basil, Parmesan, oil and salt and pepper. Purée until smooth, scraping down the sides of the bowl as necessary.

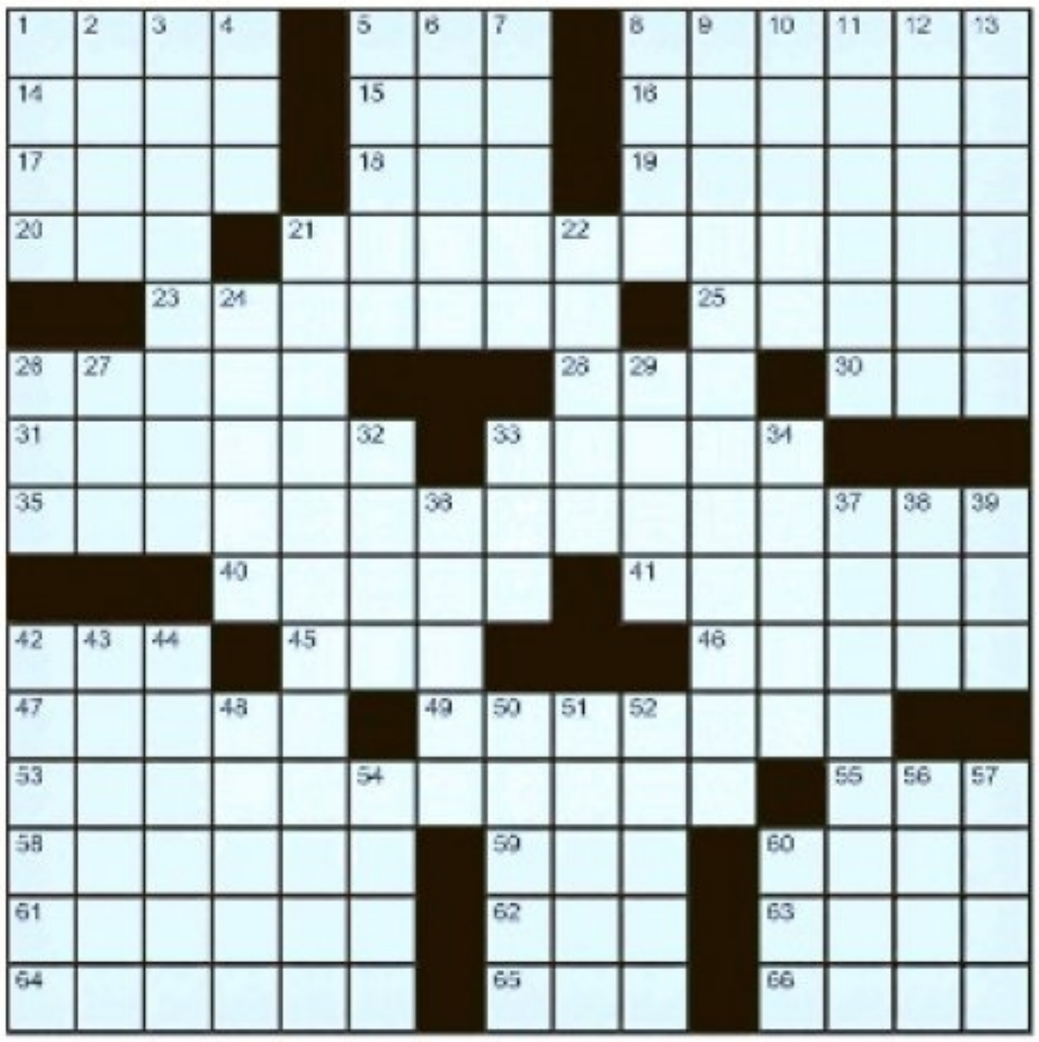
3. Lay the flatbread out onto the prepared baking sheet. Sprinkle with a bit of olive oil. Spread the pesto across the top of the flatbread leaving a 1/2-inch border around the edges. Drop heaping tablespoons of the ricotta onto the pesto. Sprinkle with Asiago and sun-dried tomatoes

4. Bake for 8 to 10 minutes, or until the edges of the crust are golden brown and cheese is melted. Remove from oven and sprinkle with chopped basil.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Colosseum cloak
5. Dining room feature, for short
8. Meteorite _ site
14. Street
15. At-sea affirmation
16. Ms. Mason of "The Goodbye Girl" (1977)
17. Poet Mr. Pound
18. Tiny tallness
19. Lord's Prayer part: "..._ _ _ in heaven."
20. Nourished
21. Desired results of using hair rollers: 2 wds.
23. "That camouflage isn't working!": 3 wds.
25. Make _ _ (Do store business)
26. "This _ _ Love Song" by Bon Jovi
28. Driveway topping
30. Initials-sharers of Naomi Watts's ex-beau who is an actor
31. _ _ of spades
33. Important exam
35. 'Sparkling' tavern item: 2 wds.
40. Nose-in-the-air folks
41. Buffalo's hockey players
42. UK honour [acronym]
45. Extremist org. in 1974 headlines
46. "Hud" (1963) Oscar-winner Patricia, and surnamesakes
47. "_ _ Me" by John Legend
49. In particular
53. Air-circulators-with-paddles: 2 wds.
55. Certain conifer
58. Eagles drummer/singer Don
59. Prefix to 'light'
60. Ballet skirt
61. Star: French
62. 'Abbey Road' tune: "The _"
63. "_ fair in love..."
64. Does an office task
65. Hillary Clinton was a Sen. here
66. Tropical vacation spot

DOWN
1. Not kosher
2. Bleed bit by bit
3. Toronto's _ Expressway
4. Halifax's famous madam Ms. McCallum (b.1909 - d.1986)
5. Chevrolet SUV model
6. "Snatch" (2000) directed _ _ Ritchie
7. "..._ _ man put asunder."
8. "If _ _ be so bold as to..."
9. They're used to help make lashes look lusher: 2 wds.
10. Toyota hybrid car
11. Stellar
12. Freezes the food
13. Cups, in Quebec City
21. _ Historic House (Attraction in Charlottetown, PEI); or, Montreal suburb
22. "Soul Meets Body" by Death Cab For _
24. Wild guesses
26. Flight tower serv.
27. Smashing Pumpkins co-founder James
29. Conjunctions
32. Organic compound
33. Alberta's McMurray, et al.
34. Record _
36. Do _ _ up job
37. Piled-up-with-food carriers
38. Conger _
39. Web feed syst. for updates
42. Stockpiles
43. "Baywatch" actress Yasmine
44. "Sense and Sensibility" (1995) sister
48. "Kukla, Fran and _"
50. Frequently
51. Like the hue of a lion's coat
52. British novelist Ms. Bagnold's
54. 'The Science Guy' Bill, and surnamesakes
56. "_ have to do."
57. Ploy
60. Mai _ (Cocktail)

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient with family members today to avoid squabbles and arguments. (This is not a good way to start your day — or anyone else's.) Be chill.

Taurus April 21 - May 21
If you can get past some tension this morning, the rest of the day will be quiet and comforting. In fact, you will want to cocoon at home if you can.

Gemini May 22 - June 21
Money disputes or an argument about something you own might occur this morning. Try to move past it so that you can enjoy a busy day full of errands and fun.

Cancer June 22 - July 23
People are touchy this morning. Give them a wide berth. Later in the day, you will be focused on money and cash flow. Ka-ching!

Leo July 24 - Aug. 23
This morning it's easy to be grumpy. However, soon the Moon moves into your sign, which gives you an advantage over everyone else. Enjoy your good fortune.

Virgo Aug. 24 - Sept. 23
Avoid morning arguments with a female acquaintance. Later in the day, do some research or find some privacy, and enjoy being on your own.

Libra Sept. 24 - Oct. 23
You like to keep the peace. Therefore, avoid arguments in the morning, because the rest of the day is warm and friendly.

Scorpio Oct. 24 - Nov. 22
Steer clear of sensitive subjects like religion, politics and racial issues this morning. Later in the day, bosses, parents and VIPs will talk about you for some reason.

Sagittarius Nov. 23 - Dec. 21
Disputes about shared property might arise this morning. Let these go, because what you really want to do is get out and have a change of scenery today. Do something different.

Capricorn Dec. 22 - Jan. 20
Be patient with partners and close friends this morning. Later today, you might ponder how your values are different from the values of others. We are all unique.

Aquarius Jan. 21 - Feb. 19
You have to go more than halfway when dealing with others today because the Moon is opposite your sign. This simply requires a little patience and cooperation. No biggie.

Pisces
Feb. 20 - March 20
Avoid disputes at work this morning. You don't need this! Later today, you will play and schmooze with others, as well as delight in sports or playful activities with children.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	6				5		7	1
						6	4	
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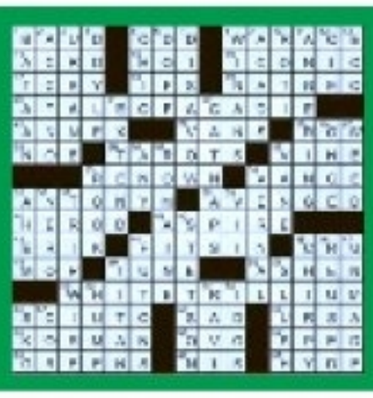

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9	7	5	3	1	6	2	8	4
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Professor of Criminology
University of Ottawa
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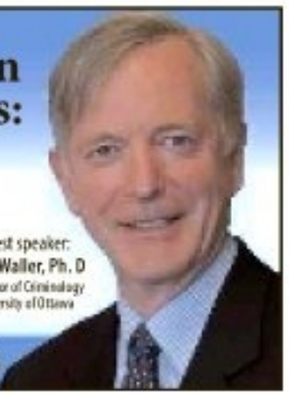

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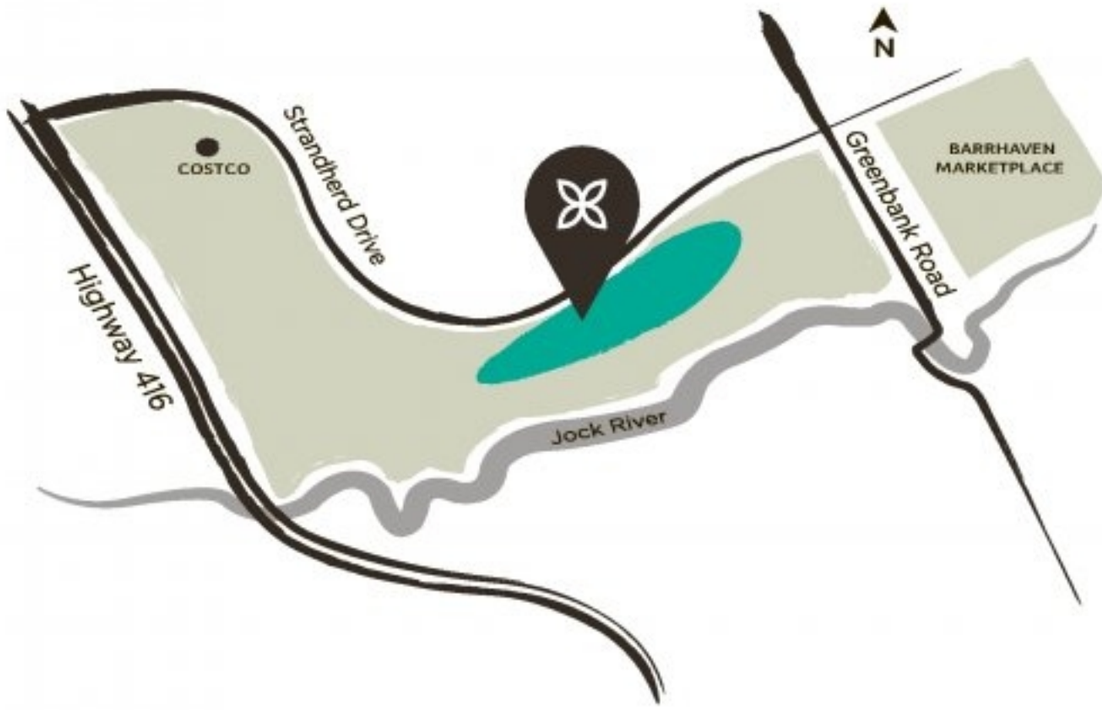

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